

## Energy auditing - Trainings Program

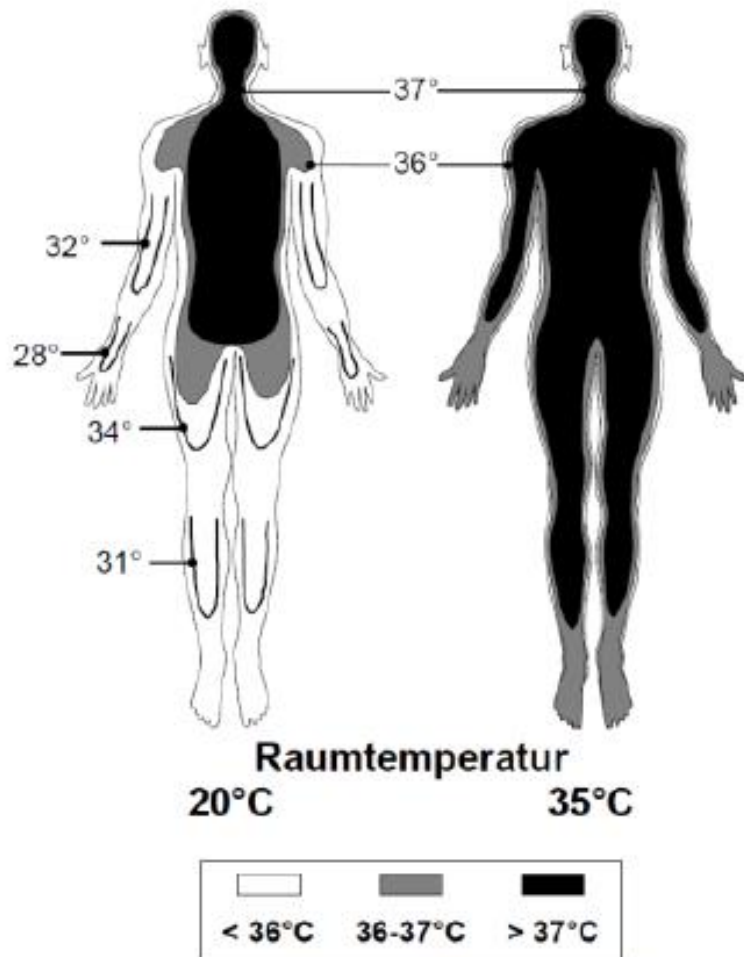
### ENERGY AUDITS AND ENERGY EFFICIENCY DESIGN

23/11/2016

# Overview

- Thermal comfort- theory in overview
- Impact of building elements and standards on thermal comfort, e.g. glass facade

# Thermal comfort Introduction

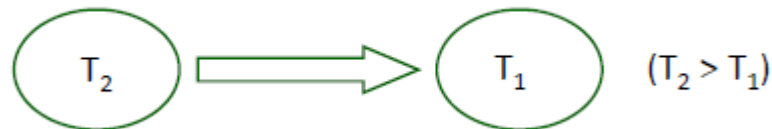


- The core body temperature increases together with the indoor temperature. Heat is transferred between bodies with different temperature
- Optimal body core temperature ca. 37 °C
- The temperature „feel“ is dependent on age, weight, body type and constitution , etc.

Second law of thermodynamics; natural direction of heat flow is from hot to cold.

Heat transfer between objects:

- Conduction
- Convection
- Radiation



Source: TU Wien, Institute Building physics & building Ecology

# Thermal comfort

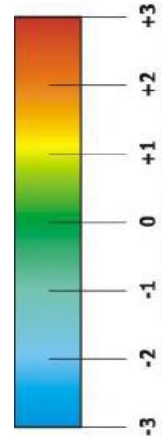
## Subjective vs. Objective

- Subjective
  - Simple questioners
- Objective
  - Comfort theory and measurements of comfort parameters
  - PPD (predicted percentage of dissatisfied) /PMV(predicted mean vote)
  - Psychometric charts

## Predicted mean vote

The PMV index predicts the mean response of a larger group of people

+3 *hot*  
+2 *warm*  
+1 *slightly warm*  
0 *neutral*  
-1 *slightly cool*  
-2 *cool*  
-3 *cold*



$$PMV = (0.303 e^{-0.036M} + 0.028) L$$

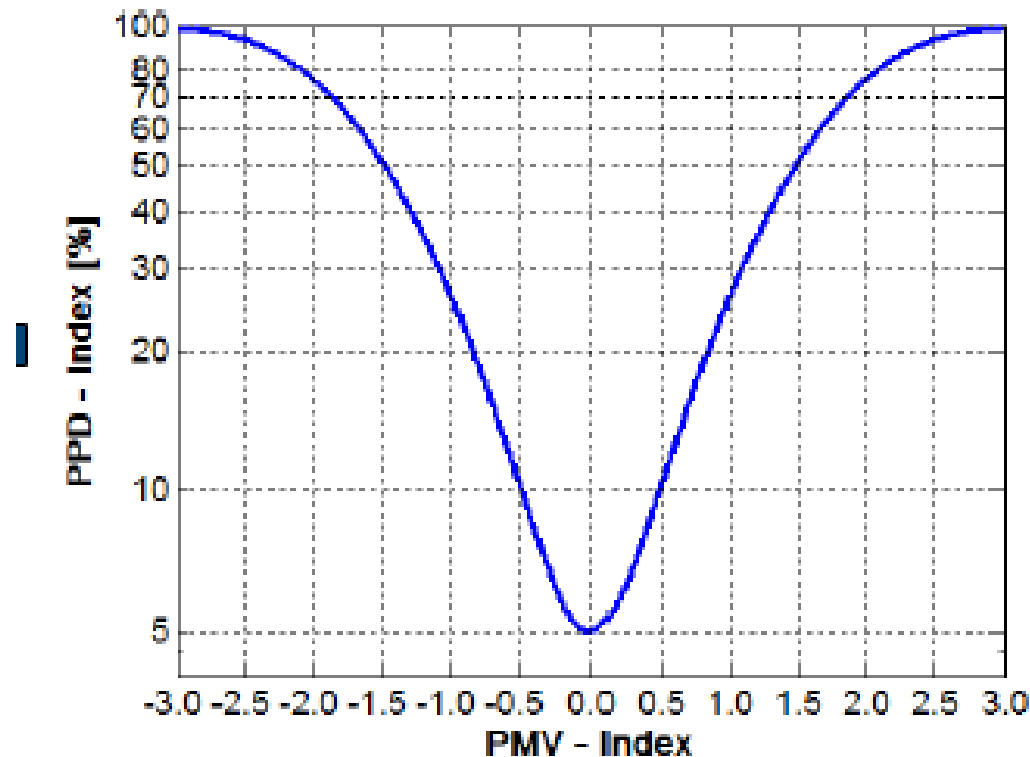
M-metabolic rate

L- thermal load - the difference between the internal heat production and the heat loss to the actual environment - for a person at comfort skin temperature and evaporative heat loss by sweating at the actual activity level

# PPD

## predicted percentage of dissatisfied

Predicted Percentage Dissatisfied - PPD - index is a quantitative measure of the thermal comfort of a group of people at a particular thermal environment



# Thermal comfort

- Main influencing parameters of thermal comfort
  - Temperature (Air, Surface, Asymmetry)
  - Radiant temperature
  - Relative humidity
  - Air speed/turbulence
  - Activity (metabolic rate)
  - Clothing (clo-value)



# Thermal comfort

## Metabolic rate

- Expression of heat emission per m<sup>2</sup>  
1 met = 58.1 W/m<sup>2</sup> = 50 kcal/(h m<sup>2</sup>)  
For a 1,73m tall man, 70 kg, A<sub>D</sub> = 1,8 m<sup>2</sup>

$$A_D = 0.202 m^{0.425} l^{0.725}$$

where

$A_D$  = DuBois surface area, m<sup>2</sup>

$m$  = mass, kg

$l$  = height, m

Source: TU Wien, Institute Building physics & building Ecology

# Thermal comfort

## Metabolic rate

**Table 4 Typical Metabolic Heat Generation for Various Activities**

	<b>W/m<sup>2</sup></b>	<b>met*</b>
<b>Resting</b>		
Sleeping	40	0.7
Reclining	45	0.8
Seated, quiet	60	1.0
Standing, relaxed	70	1.2
<b>Walking (on level surface)</b>		
3.2 km/h (0.9 m/s)	115	2.0
4.3 km/h (1.2 m/s)	150	2.6
6.4 km/h (1.8 m/s)	220	3.8
<b>Office Activities</b>		
Reading, seated	55	1.0
Writing	60	1.0
Typing	65	1.1
Filing, seated	70	1.2
Filing, standing	80	1.4
Walking about	100	1.7
Lifting/packing	120	2.1

Source: 2005 ASHRAE Handbook – Fundamentals

# Thermal comfort

## Clothing factor (clo)

- Describes the thermal isolation of clothing
- 1 clo = 0,155 m<sup>2</sup>K/W
- ISO 7730, ISO 9920 list of specific values

**Table C.1 — Thermal insulation for typical combinations of garments**

Work clothing	$I_{cl}$		Daily wear clothing	$I_{cl}$	
	clo	m <sup>2</sup> · K/W		clo	m <sup>2</sup> · K/W
Underpants, boiler suit, socks, shoes	0,70	0,110	Panties, T-shirt, shorts, light socks, sandals	0,30	0,050
Underpants, shirt, boiler suit, socks, shoes	0,80	0,125	Underpants, shirt with short sleeves, light trousers, light socks, shoes	0,50	0,080
Underpants, shirt, trousers, smock, socks, shoes	0,90	0,140	Panties, petticoat, stockings, dress, shoes	0,70	0,105
Underwear with short sleeves and legs, shirt, trousers, jacket, socks, shoes	1,00	0,155	Underwear, shirt, trousers, socks, shoes	0,70	0,110
Underwear with long legs and sleeves, thermo-jacket, socks, shoes	1,20	0,185	Panties, shirt, trousers, jacket, socks, shoes	1,00	0,155
Underwear with short sleeves and legs, shirt, trousers, jacket, heavy quilted outer jacket and overalls, socks, shoes, cap, gloves	1,40	0,220	Panties, stockings, blouse, long skirt, jacket, shoes	1,10	0,170
Underwear with short sleeves and legs, shirt, trousers, jacket, heavy quilted outer jacket and overalls, socks, shoes	2,00	0,310	Underwear with long sleeves and legs, shirt, trousers, V-neck sweater, jacket, socks, shoes	1,30	0,200
Underwear with long sleeves and legs, thermo-jacket and trousers, Parka with heavy quilting, overalls with heavy quilting, socks, shoes, cap, gloves	2,55	0,395	Underwear with short sleeves and legs, shirt, trousers, vest, jacket, coat, socks, shoes	1,50	0,230

Source: ISO 7730

# Thermal comfort

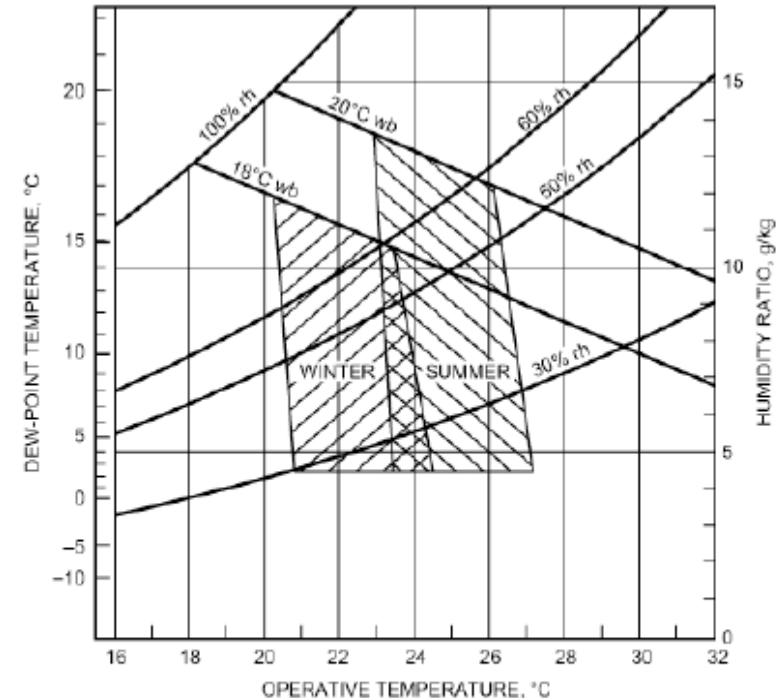
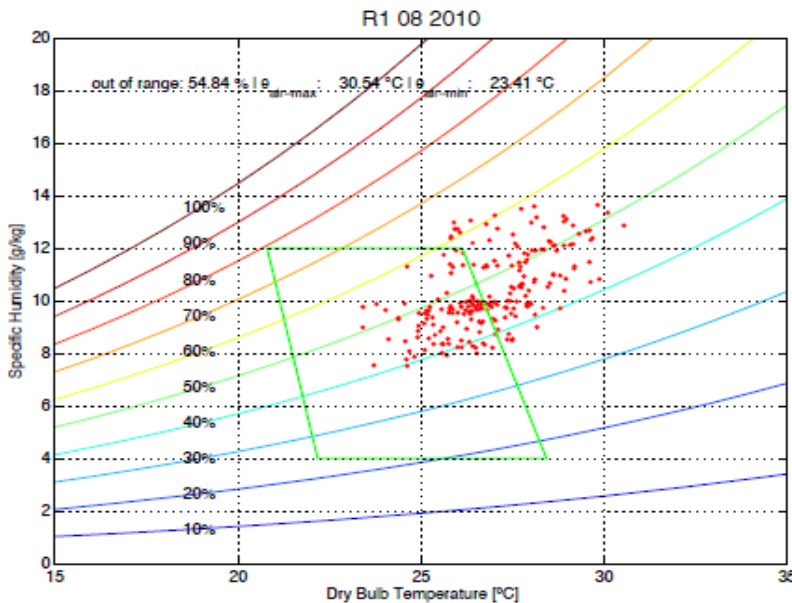
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Source: ISO 7730

# Psychrometric chart



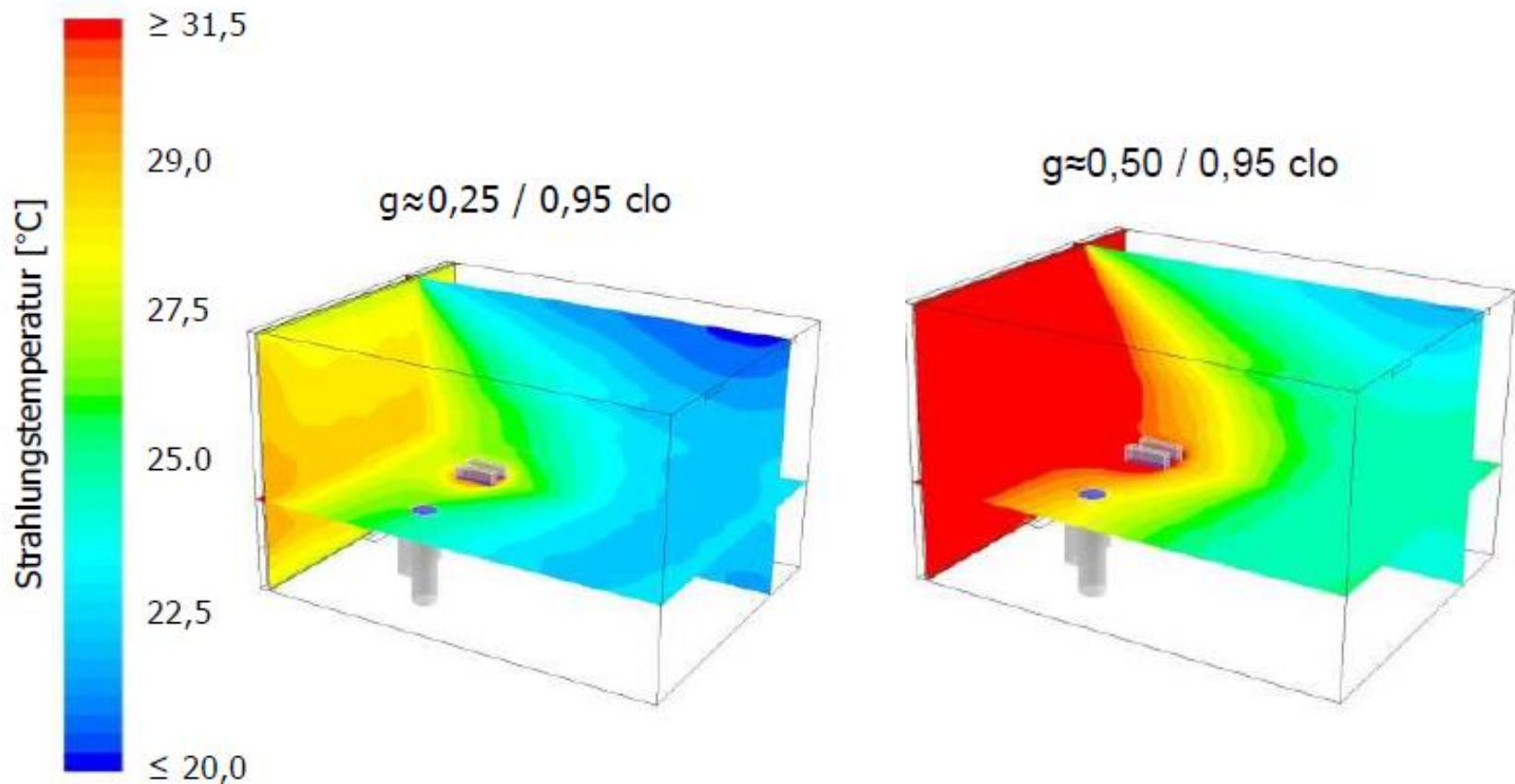
**Fig. 5 ASHRAE Summer and Winter Comfort Zones**  
(Acceptable ranges of operative temperature and humidity for people in typical summer and winter clothing during primarily sedentary activity.)

Source: 2005 ASHRAE Handbook – Fundamentals

- Comfort area within a specific temperature/relative humidity range

# Thermal comfort

## Impact of building elements

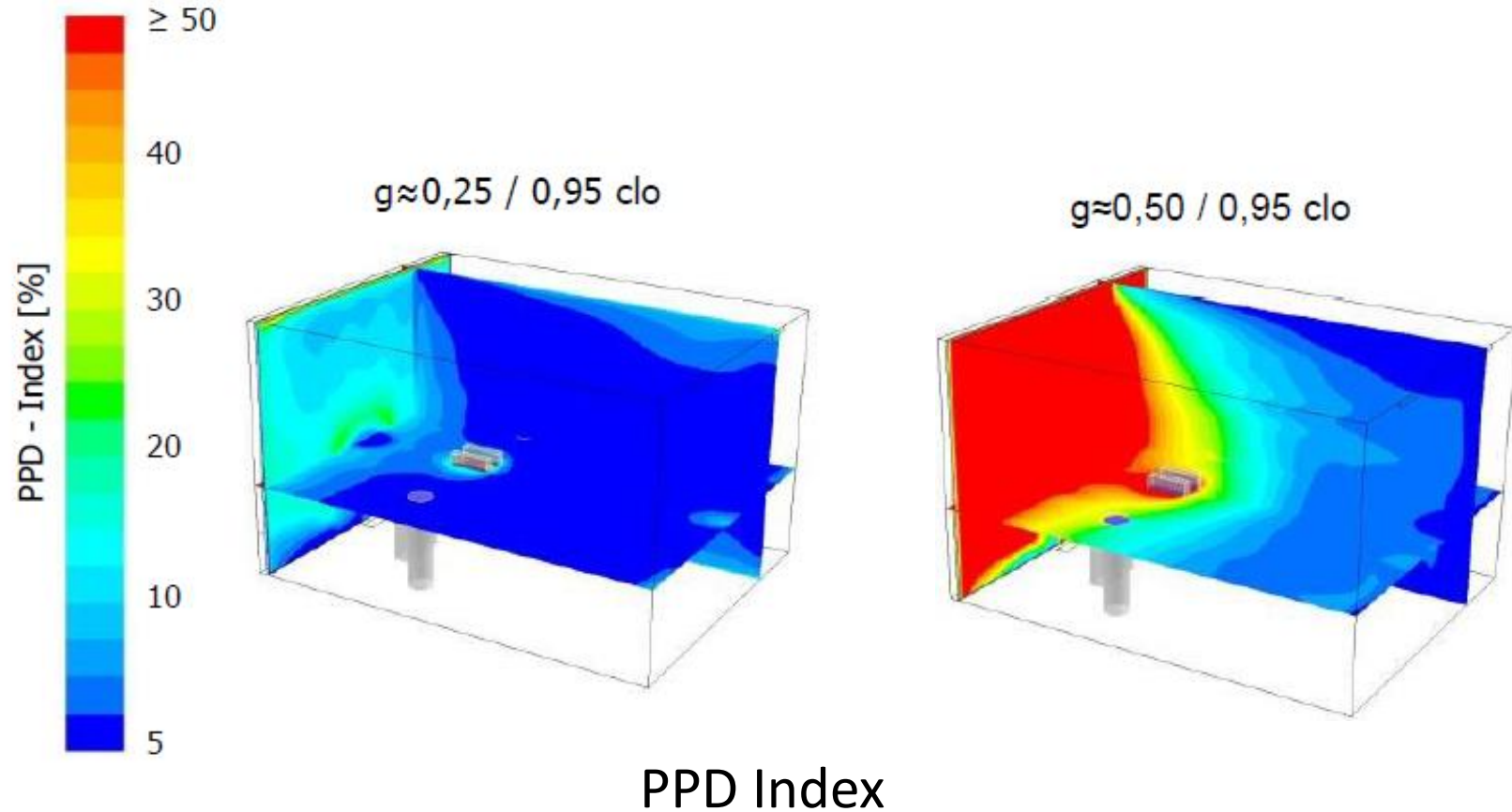


Bauteile + Speicher I | P. Klanatsky; Ch. Heschl

A low g value is therefore important for large glass facades to prevent rapid overheating of the rooms

# Thermal comfort

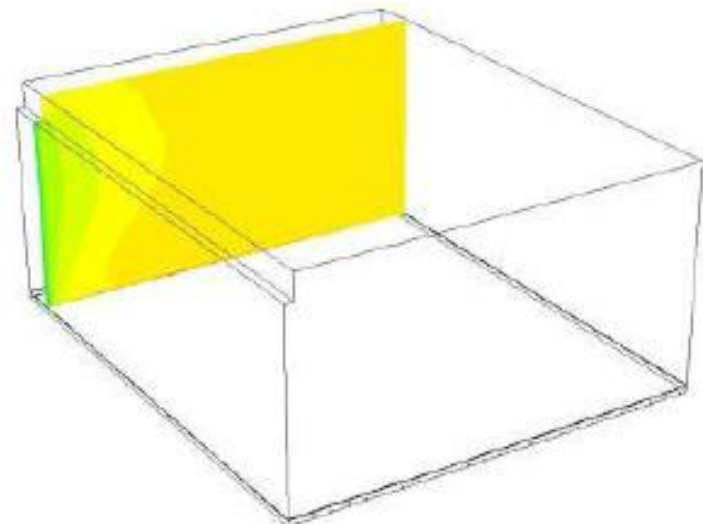
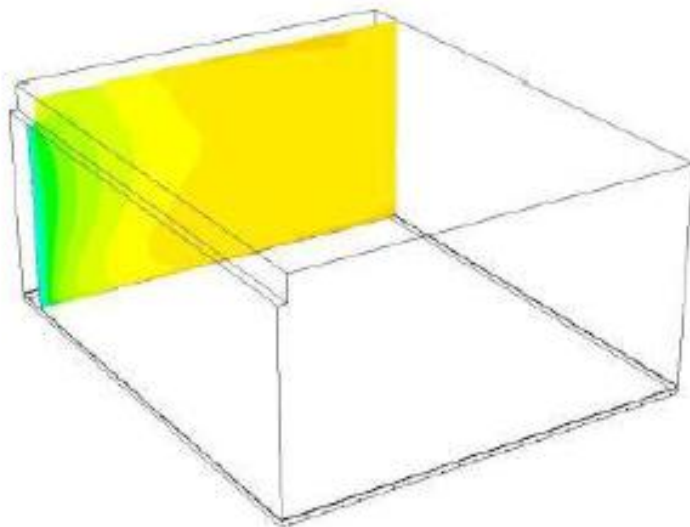
## Impact of building elements-Glass facade





$$U_{AF}=1,4 \text{ W/m}^2\text{K}$$

$$U_{AF}=0,7 \text{ W/m}^2\text{K}$$

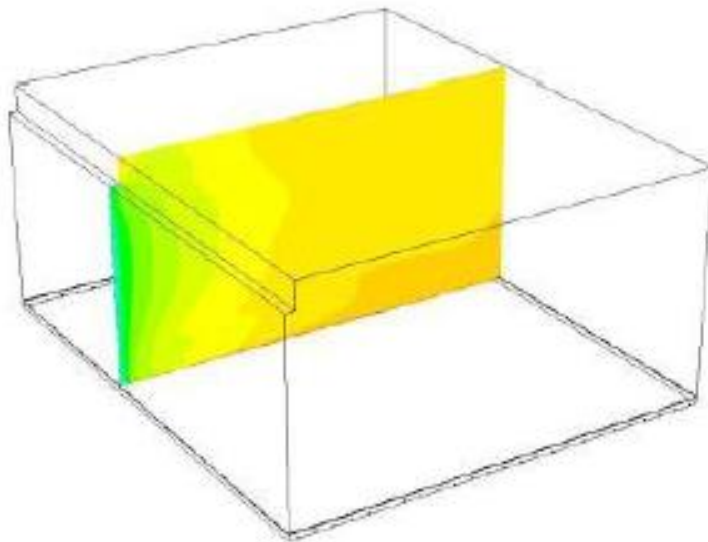


Example: glass facade with floor heating

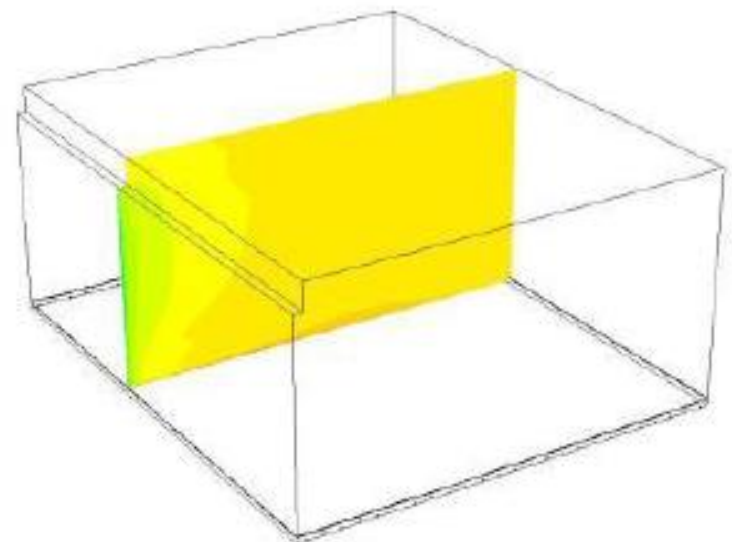


## Triple vs. double glazing

$$U_{AF}=1,4 \text{ W/m}^2\text{K}$$



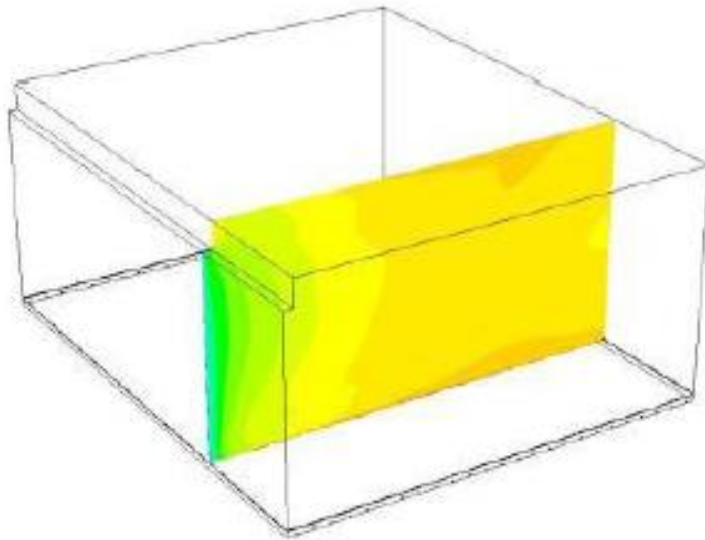
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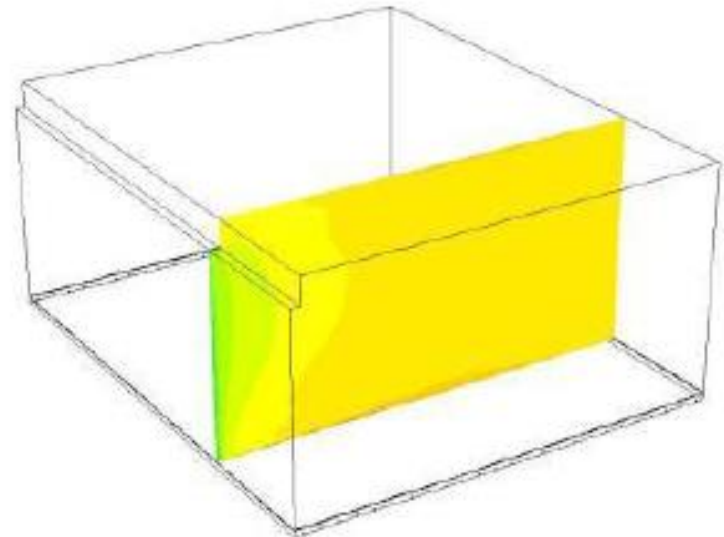
Example: glass facade with floor heating

## Triple vs. double glazing

$$U_{AF}=1,4 \text{ W/m}^2\text{K}$$



$$U_{AF}=0,7 \text{ W/m}^2\text{K}$$



Example: glass facade with floor heating

# Structure optimization measures

## Optimization objectives:

Reduction of heat loss through the building envelope

Optimization of passive solar gains

Optimized use of daylight

Optimization of returns from PV and solar thermal

Optimization of summer temperature behavior

Relations

## Parameter:

Compactness

Portion of the south facade glazing

Integration of PV and solar thermal components in south-facing exterior of the building envelope

# Structure optimization measures

## Relevant questions:

- What architectural changes result from the advancement of the energy efficient building?
- How and where can the required space/room for renewable energy sources be provided?
- Which opposing interests do occur in the planning process?

## Development of universal design recommendations:

- ➔ by representative model buildings
- ➔ based on model buildings according to building regulations and funding guidelines

*Basis of estimating the Thermal Building behaviour:*

## Constant heat balance equation

With constant (i. e. **time independent**) view :

***Heat losses = Heat gains***

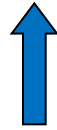
$$L_T \cdot (\Theta_i - \Theta_e) + L_V \cdot (\Theta_i - \Theta_e) = \Phi_s + \Phi_i + \Phi_h$$

(Mathematical representation)

$$\underbrace{L_T \cdot (\Theta_i - \Theta_e)}_{\text{Transmission}} + \underbrace{L_V \cdot (\Theta_i - \Theta_e)}_{\text{Ventilation}} = \Phi_s + \Phi_i + \Phi_h$$



Transmission




Ventilation

### *Heat losses*

→  $L_T \cdot (\Theta_i - \Theta_e)$       Transmission heat losses

→  $L_V \cdot (\Theta_i - \Theta_e)$       Ventilation heat losses

Unit:       $W$

$$L_T \cdot (\Theta_i - \Theta_e) + L_V \cdot (\Theta_i - \Theta_e) = \Phi_s + \Phi_i + \Phi_h$$


Transmission                      Ventilation

### Factors of proportionality

→  $L_T$  thermal (Transmission-) **Conductance** of building envelope

→  $L_V$  **Ventilation conductance**                      Unit:  $WK^{-1}$

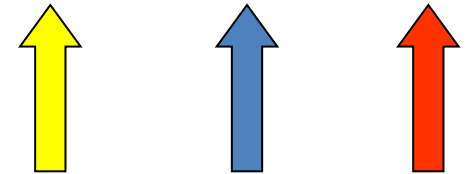
### Boundary conditions

→  $\Theta_i$  Internal air temperature

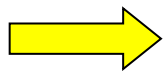
$\Theta_e$  Ambient air temperature

Unit:  $K$

$$L_T \cdot (\Theta_i - \Theta_e) + L_V \cdot (\Theta_i - \Theta_e) = \Phi_s + \Phi_i + \Phi_h$$



***Heat gains***



$\Phi_s$

Solar heat gains



$\Phi_i$

Heat gains caused by building use



$\Phi_h$

Heat gains caused by heating devices

Unit:  $W$



## Constant heat balance equation

$$L_T \cdot (\Theta_i - \Theta_e) + L_V \cdot (\Theta_i - \Theta_e) = \Phi_s + \Phi_i + \Phi_h$$


### Applicabilities

- Heating load calculation
- Calculation of heating demand
- Calculation of summer behaviour

## *Climatic boundary conditions*

Significant influences on the thermal building behaviour:

- ambient air temperature
- solar radiation


$$L_T \cdot (\Theta_i - \Theta_e) + L_V \cdot (\Theta_i - \Theta_e) = \Phi_s + \Phi_i + \Phi_h$$

## ***Ambient air temperature***

### **A) Instantaneous values**

#### **Designated use**

Input values for the simulation of the thermal behaviour of buildings and building constructions

Most commonly

used:

- hourly data over the year (8760 values)
- long-time monthly mean values should be guaranteed by the test reference year  
➡ ***half-synthetic climate data (HSKD)***

## *Ambient air temperature*

### **B) Mean values**

#### Designed use

Input values for simplified calculation approaches  
(heat and energy demand)

Most commonly

- used:
- long-time monthly means (12 values)
  - means are to be built at least over 10 years  
(EN ISO 15927-4) ; default: 30 years (WMO)

## *Solar radiation*

### A) Instantaneous values

#### Designated use

Input values for the simulation of the thermal behaviour of buildings and building constructions

Most commonly

used:

- hourly data over the year (8760 values)
- long-time monthly mean values should be guaranteed by the test reference year  
➡ *half-synthetic climate data (HSKD)*

## *Solar radiation*

### **B) Mean values**

#### **Designed use**

Input values for simplified calculation approaches  
(heat and energy demand)

Most commonly

- used:
- long-time monthly means (12 values)
  - means are to be built at least over 10 years  
(EN ISO 15927-4) ; default: 30 years (WMO)

## ***Design strategy: Minimizing heat losses***

***goal:*** Reduction of heat power by reduction of heat losses

$$\Phi_h = \underbrace{L_T \cdot (\Theta_i - \Theta_e)} + \underbrace{L_V \cdot (\Theta_i - \Theta_e)} - \Phi_s - \Phi_i$$

**Transmissions heat losses**

and / or

**Ventilation heat losses**

## *Design strategy: Minimizing heat losses*

Reduction of transmission heat losses  $L_T \cdot (\Theta_i - \Theta_e)$

$(\Theta_i - \Theta_e)$  depend on building use and climate



therefore **hardly alterable!**

$L_T$  depends on U-values, areas, thermal bridges



**substantial suggestible** by the designer!

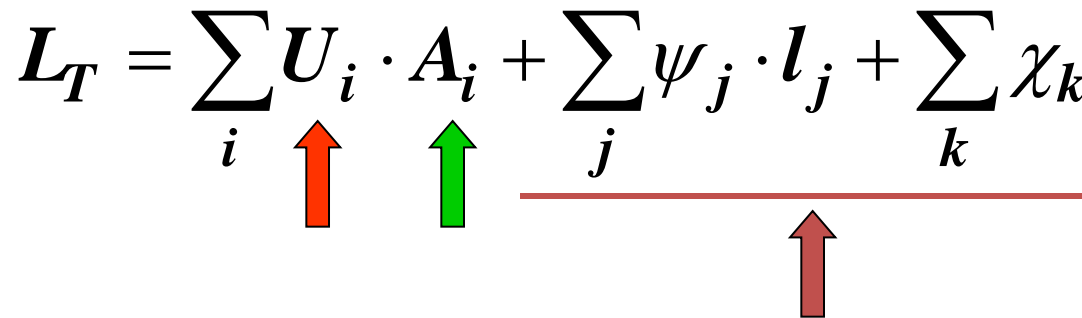


Reduction of transmission heat losses necessitates design measures for **minimizing the transmission conductance !**



## ***Design strategy: Minimizing heat losses***

### **Reduction of the Transmission Conductance**

$$L_T = \sum_i U_i \cdot A_i + \sum_j \psi_j \cdot l_j + \sum_k \chi_k$$


The equation is  $L_T = \sum_i U_i \cdot A_i + \sum_j \psi_j \cdot l_j + \sum_k \chi_k$ . Below the equation, there are three arrows pointing upwards to specific terms: an orange arrow points to  $U_i$ , a green arrow points to  $A_i$ , and a red arrow points to the entire second term  $\sum_j \psi_j \cdot l_j$ . A horizontal red line is drawn below the second term, with the red arrow pointing to it.

### ***Design measures:***



**Reduction of the U-values – improved insulation**



**Reduction of areas – Minimizing the area of the building envelope  
- Increasing the compactness of the building**




**Reduction of correction factors in view of thermal bridges –  
pain-taking design of building details!**

## *Design strategy: Minimizing heat losses*

Reduction of Ventilation heat losses  $L_V \cdot (\Theta_i - \Theta_e)$

$L_V$  Depends on the required hygienic ventilation rate and on ventilation requirements caused by the prevention of mould growth

 therefore (for present-day buildings) **hardly alterable!**

$(\Theta_i - \Theta_e)$  Depends on the temperature of the incoming air

 **suggestible** by the designer !



Reduction of ventilation heat losses necessitates design measures for **increasing the temperature of the incoming air!**

## *Design strategy: Minimizing heat losses*

Increasing the temperature of the incoming air:

$$(\Theta_i - \Theta_e) \longrightarrow (\Theta_i - \Theta_z)$$

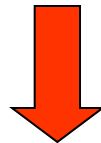
*Design measures:*



**Include ventilation heat recovery system!**  
(outgoing air warms up incoming air)



**Incoming air is warmed up by soil-heat exchanger**  
[heat is detracter from the soil (winter) / heat is absorbed by the soil (summer)]



Reduction of ventilation heat losses necessitates **controlled ventilation** (ventilation system) and an **air-tight building envelope!**

## ***Design strategy: Maximizing heat gains***

***goal:*** Reduction of the heat demand by increasing heat gains

$$\Phi_h = L_T \cdot (\Theta_i - \Theta_e) + L_V \cdot (\Theta_i - \Theta_e) - \underline{\Phi_s} - \underline{\Phi_i}$$

**Solar heat gains**

**and / or**

**Heat gains caused by building use**

## *Design strategy: Maximizing heat gains*

### Increase of heat gains

$$\Phi_i = \Phi_P + \Phi_G$$

Dependant on the building use



therefore **hardly alterable!**

$$\Phi_s$$

Dependant on kind, size and position of the windows



**substantial suggestible** by the designer!



Enlarging internal heat gains necessitates design measures for **increasing solar heat gains!**

## ***Design strategy: Maximizing heat gains***

### **Calculation of heat gains caused by solar radiation:**

Heat power caused by solar radiation incoming through the transparent part of the window:

$$\Phi_s = B \cdot A_g \cdot g \cdot r \cdot z$$

$\Phi_s$  ... Heat gain inside the room [W]

$B$  ... Solar irradiation [ $\text{Wm}^{-2}$ ]

$A_g$  ... Area of the glass [ $\text{m}^2$ ]

$g$  ... g-value

$r$  ... Reduction factor for  $g$   
(angle of incidence, soiling)

$z$  ... Shading factor

## ***Design strategy: Maximizing heat gains***

### ***Total solar energy transmittance***

The total solar energy transmittance of a glass is that part of the solar irradiance inclining on the external surface of the glass, which takes effect as solar heat gain inside the room.

The g-value is comprised by the the radiation transmission factor  $\tau_s$  and the secondary heat emission factor  $q_i$ :

$$\mathbf{g} = \tau_s + q_i$$

The total solar energy transmittance is defined for solar radiation **impinging perpendicular** upon the glass.

## Design strategy: Maximizing heat gains

### Total solar energy transmittance for several glasses



Bezeichnung	$U_g$	$\tau_s$	$g$
Einfach-Glas 6 mm	5.8	0.80	<b>0.83</b>
Zweifach-Isolierglas Klarglas 6-8-6	3.2	0.65	<b>0.71</b>
Zweifach-Isolierglas Klarglas 6-12-6	2.9	0.65	<b>0.71</b>
Zweifach-Isolierglas Klarglas 6-16-6	2.7	0.65	<b>0.72</b>
Zweifach-Verbundfenster Klarglas 6-30-6	2.7	0.65	<b>0.72</b>
Dreifach-Isolierglas Klarglas 6-12-6-12-6	1.9	0.53	<b>0.63</b>
Zweifach-Wärmeschutzglas beschichtet 4-16-4 (Luft) $\varepsilon \leq 0.05$	1.5	0.48	<b>0.61</b>
Zweifach-Wärmeschutzglas beschichtet 4-15-6 (Ar) $\varepsilon \leq 0.1$	1.3	0.47	<b>0.61</b>
Zweifach-Wärmeschutzglas beschichtet 4-12-4 (Kr) $\varepsilon \leq 0.05$	1.1	0.49	<b>0.62</b>
Zweifach-Wärmeschutzglas beschichtet 4-12-4 (Xe)	0.9	0.49	<b>0.62</b>
Dreifach-Wärmeschutzglas beschichtet 4-8-4-8-4 (Kr) $\varepsilon \leq 0.05$	0.7	0.29	<b>0.48</b>
Dreifach-Wärmeschutzglas beschichtet 4-8-4-8-4 (Xe)	0.5	0.29	<b>0.48</b>

Source: ÖNorm B8110-1



## ***Design strategy: Maximizing heat gains***

### **Reference values for the reduction factor**

The reduction factor  $r$  lies in the range of 0,8 and 0,9 in **winter time**.

During **summertime** the reduction factor is dependant on the orientation of the glasses:

<b>Orientierung</b>	<b><math>r</math></b>
Süd	<b>0,65</b>
Ost /West	<b>0,80</b>
Nord	<b>0,70</b>

## ***Design strategy: Maximizing heat gains***

### ***The shading factor z***

Shadowing can strongly affect the heat gains caused by solar radiation:

Shadowing by

- skyline
- adjacent buildings
- shape of the building
- design of the facade
- blinds

Shading factor z: Reduction factor for **irradiation**

## Design strategy: Maximizing heat gains

**Shading devices:** Venetian blinds, Screens, outside awning blinds, sun sails, ....

**Shading factor  $z$ :** Reduction factor for the **g-value**


Abschattungsvorrichtung	Abminderungsfaktor $z$
keine Abschattungsvorrichtung	1,00
Außenjalousie, Fensterläden mit Jalousiefüllung (beweglich, unterlüftet, Belichtung ohne künstliche Beleuchtung möglich)	0,27
Zwischenjalousie	0,53
Innenjalousie (je nach Farbe und Material)	0,75
beschattungswirksame Vordächer, Balkone und horizontale Lamellenblenden	0,32
Markisen (seitlicher Lichteinfall möglich)	0,43
Rolläden, Fensterläden mit voller Füllung	0,32
helle Innenvorhänge, Reflexionsvorhänge und Innenmarkisen	0,75
Bepflanzung	0,50 bis 1,00

Source: ÖNorm B8110-3





## ***Design strategy: Maximizing heat gains***

Enlargement of the solar heat gains

$$\Phi_s = B \cdot A_g \cdot g \cdot r \cdot z$$



***Design measures:***

-  Enlarge the solar input by appropriate orientation of the windows (optimum for europe: south orientation)
-  Appropriate dimensioning of the window areas
-  Apply glasses with high g-values
-  Avoid shadowing during winter season /  
Enable shadowing in summer (design of facades / use of blinds)

## *Summer behaviour of rooms*

### ***Standards:***

Guide lines with regard to calculation parameters:



**International standards (EN and/or ISO)**

Definition of acceptable summer temperatures:



**National standards**

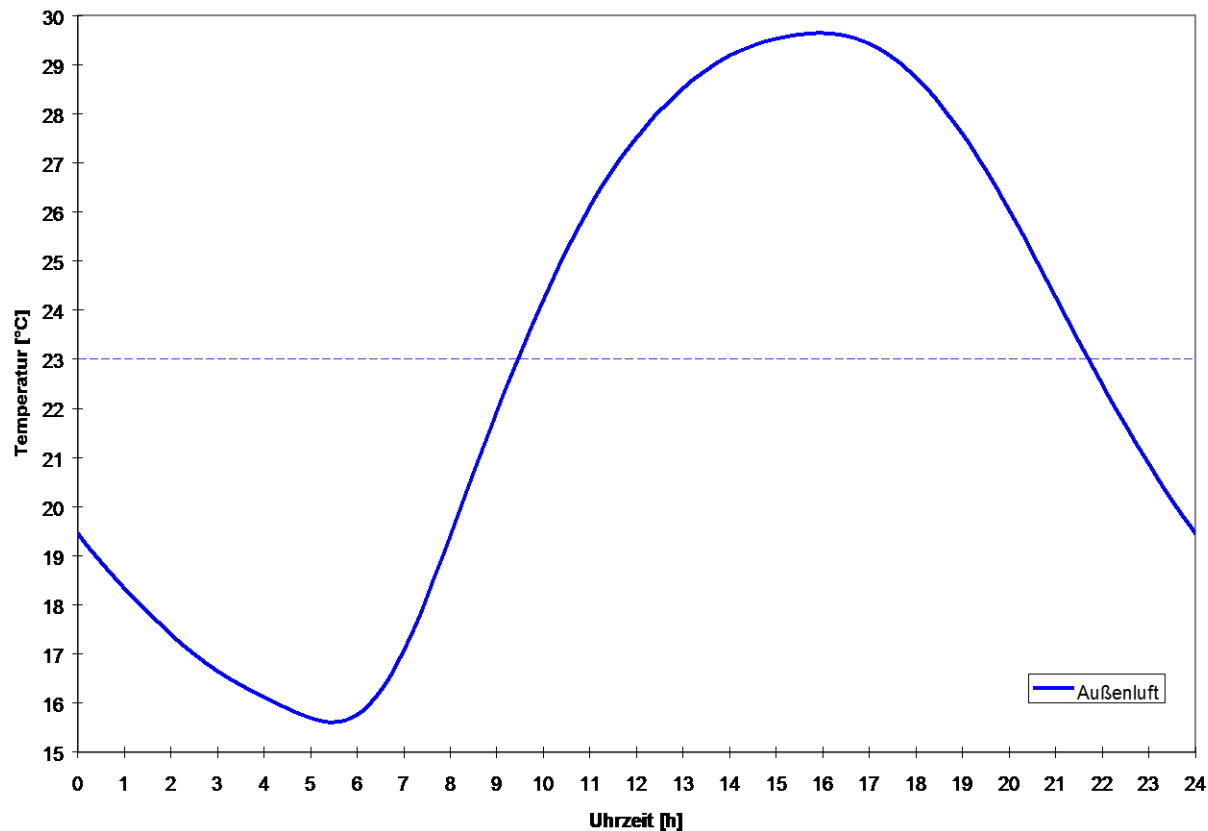


**Austria: ÖNorm B8110-3:1999**

## Definition of summer climate (Austria)

Standardized climate:

Ambient air temperature:  $\Theta_e \Rightarrow 23,0^{\circ}\text{C} \pm 7,0\text{K}$



## *Definition of summer climate (Austria)*

**Standardized climate:**

**Solar radiation:**



**Haziness factors:**

**Linke: 4,5**

**Reitz: 0,333**

**Albedo: 0,2**



**Date: July 15**



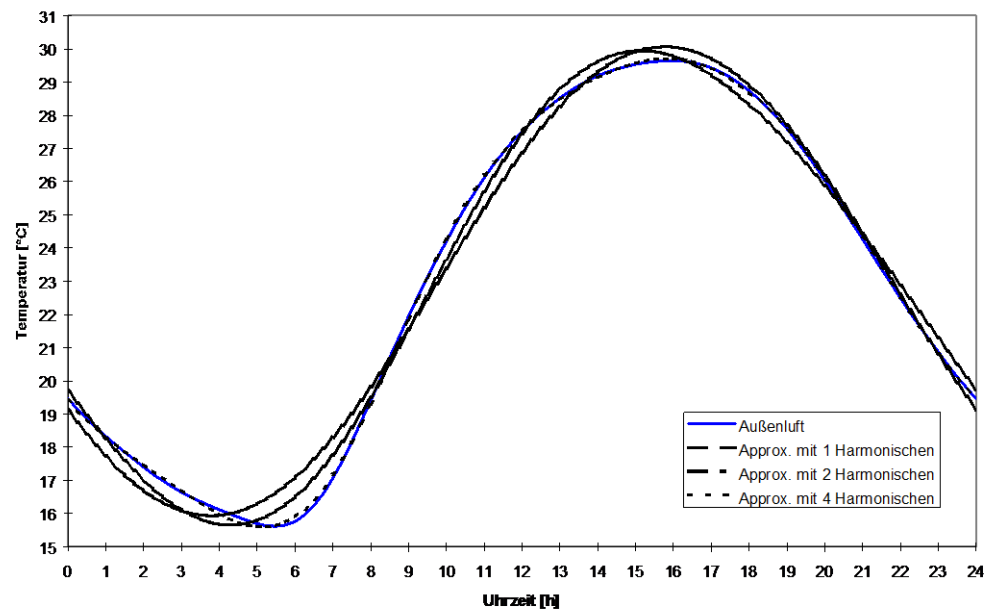
**location: building site or Vienna** (Hohe Warte)

# *Definition of summer building -behaviour (Austria)*

Calculation method: **periodic calculation**

➔ **Period length: 1 day (24 h)**

➔ **Calculation model: Fourier-analysis**





## *Definition of acceptable summer temperatures (Austria)*

### Standardized indoor climate:

A room fulfills the demands of standards with regard to its thermal summer behaviour, if the **operative temperature** does not exceed

 **27 °C** for rooms used during day

 **25 °C** for rooms used during night

Raumart	Uhrzeit											
	2	4	6	8	10	12	14	16	18	20	22	
Wohnraum												
Schlafraum												
Krankenzimmer												
Schulklasse												
Büroraum												

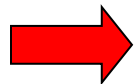
Source: ÖNorm B8110-3

## *Methods of calculation summer behaviour*

1. Hand calculation  Daily **mean** of internal air temperature

2. Standardized calculation  
according to ÖNorm B8110-3 (Austria)  Yes/no – decision  
(rough estimate)

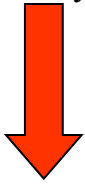
3. periodic simulation



- daily course of internal air temperature
- daily courses of surface temperatures
- daily cours of operating temperature
- depending on building building site, climate, Shading measures, ventilation strategies, ...
- suitable for for proof of summer behaviour **and**
- optimization of internal summer climate

***Rough estimation of summer behaviour (hand-calculation):***

$$L_T \cdot (\Theta_i - \Theta_e) + L_V \cdot (\Theta_i - \Theta_e) = \Phi_s + \Phi_i + \Phi_h$$



Constant calculation leads to the **daily mean of the internal air temperature:**

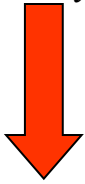
$$\Theta_i = \Theta_e + \frac{\Phi_s + \Phi_i}{L_T + L_V} + \frac{\Phi_h}{L_T + L_V} \quad [^{\circ}\text{C}]$$



$$\Delta\Theta$$

***Rough estimation of summer behaviour (hand-calculation):***

$$L_T \cdot (\Theta_i - \Theta_e) + L_V \cdot (\Theta_i - \Theta_e) = \Phi_s + \Phi_i + \Phi_h$$



Constant calculation leads to the **daily mean of the internal air temperature:**

$$\Theta_i = \Theta_e + \frac{\Phi_s + \Phi_i}{L_T + L_V} - \frac{\Phi_k}{L_T + L_V} \quad [^{\circ}\text{C}]$$



$$\Delta\Theta$$

## *Rough estimation of summer behaviour (hand-calculation):*

$$\Theta_i = \Theta_e + \frac{\Phi_s + \Phi_i}{L_T + L_V} - \frac{\Phi_k}{L_T + L_V}$$

### ***Conclusions:***

- ➡ Without cooling power the daily mean of indoor temperature is higher than the daily mean of ambient air temperature
- ➡ Increasing the internal heat leads to a higher daily mean of indoor temp.
- ➡ Reducing the transmission conductance – by means of better insulation – leads to a higher daily mean of indoor temperature
- ➡ Enlarging the ventilation conductance – by means of increase of the Ventilation rate – leads to lower daily mean of indoor temperature

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